

**Groups will meet the 1st & 3rd  
Thursday of each month for a 3  
month cycle 3:30 pm—4:45 pm**

**Group size is limited to 8 children  
(4:1 participants: therapists)**

Children will learn to complete simple  
building projects, to garden, and  
care for small farm animals

Use of Token system to provide incentives  
for individual work performance,  
appropriate social engagement, and  
cooperative group effort.



### **LOCATION**

**3605 E. River Rd  
Tucson Waldorf School –  
River Road Gardens  
(River Road east of Alvernon Way)**

**[www.riverroadgardens.com](http://www.riverroadgardens.com)**



**Central Hand Therapy, PC dba  
Southern Arizona Community  
Occupational Therapy  
Associates (SACOTA)**

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## **WORKING HANDS... A SOCIAL COMMUNICATION GROUP**

**Making New Friends And  
Learning New Skills!**

**Starting  
NOVEMBER 2010**



## DOES YOUR CHILD MEET THE CRITERIA?

- Must be 8—13 years of age at time of enrollment
- Evaluated by Southern Arizona Community Occupational Therapy Associate (SACOTA) for appropriateness to participate
- Child must have intact expressive language
- Child must have difficulty with social interactions with peers and/or adults
- A history of poor task performance either at home or school
- Lacks age appropriate physical skills
- Must not have severe allergies to outdoor environment, i.e. plants, insects, small animals
- Child has sensory processing difficulties

## GROUP PURPOSE

Encourage appropriate social communication and help facilitate improved neurological and physical function through rhythmic and purposeful working tasks, group dynamics and process. Using a farm environment as the landscape for this group, and simple farm tasks as the medium, children will work with adults and their peers.

Incentives for appropriate engagement will be given using a token system. Participates will be given the opportunity to earn incentives based on work performance, appropriate social engagement and cooperative group effort. All participates will be expected to follow the “rules of engagement” that will clearly be provided prior to group activity.

## ACCEPTED HEALTH PLANS

- Accountable Health Plans
- Administrative Enterprises
- Align Networks, Inc
- Arizona Physicians IPA (AHCCCS) \*
- Beechstreet
- BlueCross/BlueShield
- Comprehensive Medical and Dental Plan
- Cypress Care
- Evercare
- First Health
- FPN Network
- Great West Health Plan (PPO, POS, Open Access)
- Health Net
- Heath Choice ( AHCCCS)
- Humana
- Interplan
- Medicare
- Mercy Care Health Plan (AHCCCS)
- MultiPlan
- PacifiCare
- Private Healthcare Cost System (PPO)
- RAN + AMN
- Secure Horizons
- Southwest Service Administrators
- Tricare (Standard & Prime)
- UFCW (by BC/BS)
- United Healthcare
- Universal SmartComp
- University Physicians Health Plans (UPHP/UFC)

*\*requires prior authorization from PCP*

