

## MEET OUR CORE THERAPY

**JULIA GROVER OTR/L, CHT, Program Director** - Julia Grover graduated from the Dalhousie University School of Occupational Therapy in Halifax Nova Scotia in 1990. Julia started a private practice contracting with the Department of Health and Community Services to provide Occupational Therapy to children with special needs transitioning to inclusion programs within the public school system.

Julia relocated to Tucson Arizona in 1994 opening Central Hand Therapy, PC in 1998. Julia also became a board certified Hand Therapist in 1998. Her primary specialty has been the treatment of upper extremity conditions and post operative rehabilitation.

In 2007, Julia pursued her interest in neurodevelopmental facilitation and sensory integration and established Southern Arizona Community Occupational Therapy Associates (SACOTA) which is committed to the development of programs to serve special needs children. Today SACOTA serves many children of Southern Arizona providing Occupational Therapy support in school districts, as well as an outpatient clinical program.

**LISA MURPHY COTA/L, Assistant Program Director**- Lisa Murphy has been a licensed Certified Occupational Therapy Assistant (COTA/L) since 1997. She has over 14 years of experience in the areas of upper extremity rehabilitation and Occupational Therapy for children of all ages in community, school-based, and clinical settings. Lisa completed a two-year training program on Autism Spectrum Disorder and has provided training on this topic. She also serves on the Foster Care Review Board for Pima County advocating for children placed in the foster care system.

**SUSAN SCHROEDER OTR/L** - Susan Schroeder graduated from the University of Wisconsin in 1975 with a BS in Occupational Therapy. She moved to Chicago, Illinois after college where she worked in a variety of mental health and community and rehabilitation settings, working with all ages from children through older adults. Before relocating to Tucson she worked at The Rehabilitation Institute of Chicago. She has worked with children and adults in these settings. Sue's focus in SACOTA's clinic is working with children diagnosed with Autism Spectrum Disorder, including Asperger's Syndrome, and Sensory Processing Disorders.



**Central Hand Therapy PC/SACOTA**

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**SCHOOL-BASED  
OCCUPATIONAL THERAPY  
SERVICES**

**“Children SUCCEED when their developmental, emotional, and social needs are met by nurturing adults who recognize their UNIQUENESS.”**

**Julia Grover OTR/L, CHT**

## OUR GOALS

- Develop and implement IEP's.
- Provide support for teachers by offering one 60-minute continuing education in-service per semester at no cost to district.
- Provide support to parents of special needs children through parent education evenings at no cost to the district.
- Provide Educational Occupational Therapy services to improve the overall academic performance of **ALL** students including “at risk” students, poor performers, and the emotionally disabled child who do not have an IEP.

Provide workshops for continuing education, such as:

- Managing the student with self-regulatory issues
- Managing the student with sensory modulation issues
- Arranging the classroom environment to maximize student attention and performance
- Managing the student with ADHD

\*\*SACOTA will tailor continuing education workshops to meet the needs of the district.



## OUR PHILOSOPHY

A dynamic and integrated approach to evaluation and intervention provides the best chance of improving academic performance. Use of individualized sessions in combination with group work, sets the child up for success in the classroom, playground and life.



We are team players who bring efficiency, effectiveness and energy to meeting your District's needs.